PLACENTA

Placenta Encapsulation

the process of preparing the placenta after the birth of a baby by dehydrating, powdering, and placing it into capsules for the person who gave birth to use at their discretion. benefits may include: increased milk supply, iron replacement, mood stabilization, increased energy

service starting at $270

+ custom herbs - $36

+ tincture - $18

+ ghee -$36

Placenta Print

printed image of your placenta on high quality watercolor paper or canvas. ask about "tree of life" or heart image options

watercolor - $36

canvas - $45

Umbilical Dreamcatcher

personalized dreamcatcher with dehydrated umbilical cord, beads, crystals, charms, printed quotes, and other custom keepsakes

$72

HOME

In-Person Support

To help you adjust to this new chapter

Cleaning - professional level (light or deep) cleaning, using my own equipment and non-toxic supplies

Nursery organization in preparation for baby

Birth Story retelling + printed copy

Home organization

Laundry

Dishes

Local errands - travel fees apply

Pet care

$72/ hour

CEREMONY

Closing Ceremony

A Closing Ceremony is a cross-cultural rite of passage that symbolizes the conclusion of a significant phase, such as postpartum or other major milestones, following birth. This practice can be observed at various times whether it's six weeks or sixty years postpartum. Its essence lies in acknowledging a profound life experience, where the individual is held and witnessed by their community. The Ceremony serves to honor and celebrate the journey of the mother, celebrating the transformation from one version of herself to another.

This offering includes:

Pre-Ceremony planning call

Ceremony: tea and snacks, sharing the birth story, cloth binding + witnessing, processing as a group

Post-ceremony integration call

* Add on services are available: pre-Ceremony abhyanga, medicinal food and beverages, fresh flowers, singing bowls, hosting, etc.

service starting at $360